

Connect Corner: Blind Spots

I was 15 years old when my father took me out for my first driving lesson. He carefully explained the importance of checking my blind spots. It was my responsibility to always look carefully over my shoulder because, despite the use of mirrors, there are just some areas that are hard to visualize. I was a good listener and took this chat to heart but, unfortunately, I managed to back into a pole in a parking lot shortly after I turned 16. I felt terrible about this at the time and I apologized quite a bit for damaging the car. Fortunately for me, my parents reminded me to be more careful and still allowed me to drive. It is a lesson I have been thinking about this past year as I tried my best to uncover my blind spots regarding structural racism, reminded myself to be more careful, and committed to the ongoing practice of becoming antiracist. While taking on structural racism can feel overwhelming, engaging with books and articles can support us as individuals taking on our own blind spots. In this *Connect Corner* we invite our readers to join us and offer the following suggestions to get started.

– Paula Wadell, MD

Cheryl S. Al-Mateen, MD

How to Be an Antiracist. (Book) Ibram X. Kendi. New York: One World; 2019.

- *This teaches about the universality of the process of structural racism, as well as sexism, homophobia, and other “isms.”*

White Fragility. (Book) Robin DiAngelo. Boston, Massachusetts: Beacon Press. 2018.

Why Are All the Black Kids Sitting Together in the Cafeteria? (Book) Beverly Daniel Tatum. New York: Basic Books; 2017.

- *This book teaches about cultural identity development that is accessible to everyone.*

Something Happened in Our Town: A Child's Story About Racial Injustice. (Book) Donald Moses and Marianne Celano. Washington, DC: Magination Press; 2019.

- *This is an excellent book from multiple perspectives for children as young as 6.*

Rameshwari Tumuluru, MD

Hotel At the Corner of Bitter and Sweet. (Book) Jamie Ford. New York: Ballantine Books; 2009.

- *A historical fiction novel based on the internment of Japanese Americans.*

The Hate U Give. (Book) Angie Thomas. New York: Balzer + Bray; 2017.

- *A Young Adult novel inspired by the Black Lives Matter movement.*

Lisa Cullins, MD

I Am Enough. (Book) Grace Byers. New York: Balzer + Bray; 2018.

Sulwe. (Book) Lupita Nyong'o. New York: Simon & Schuster; 2019.

The Isis Papers. (Book) Frances Cress Welsing. New York: CW Publishing; 2004.

Susan Daily, MD

Killers of the Flower Moon: The Osage Murders and the Birth of the FBI. (Book) David Grann. New York: Doubleday; 2017.

- *This book is currently in film production.*

Dark Emu. (Book) Bruce Pascoe. London: Scribe UK; 2018.

The Absolutely True Diary of a Part-Time Indian. (Book) Sherman Alexie. New York: Little, Brown Books for Young Readers; 2009.

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants.

(Book) Robin Wall Kimmerer. Minneapolis: Milkweed Editions; 2015.

If I Go Missing. (Book) Brianna Jonnie (Author), Nahanni Shingoose; Neal Shannacappo (Illustrators). Toronto: Lorimer; 2020.

The Elders are Watching. (Children's book) David Bouchard. Vancouver: Raincoast Books; 2003.

We Are Water Protectors. (Children's book) Carole Lindstrom (Author), Michaela Goade (Illustrator). New York: Roaring Brook Press; 2020.

Gaawin Gindaaswin Ndaawsii / I Am Not a Number (English and Ojibwa Edition). (Children's book) Dr. Jenny Kay Dupuis and Kathy Kacer. Toronto: Second Story Press; 2016.

We Are Grateful (Cherokee). (Children's book) Traci Sorell (Author), Frane Lessac (Illustrator). Massachusetts: Charlesbridge; 2018.

Fry Bread: A Native American Family Story. (Children's book) Kevin Noble Maillard (Author), Juana Martinez-Neal (Illustrator). New York: Roaring Brook Press; 2019.

Rhymes for Young Ghouls. (Movie) Directed by Jeff Barnaby. Canada: Prospector Films and Canadian Film Centre (CFC); 2013.

Barking Water. (Movie) Directed by Sterlin Harjo. Oklahoma: Indian Entertainment Group and Dolpin Bay Films; 2009.

Bedevil. (Movie) Directed by Tracey Moffatt. Australia: Australian Film Finance Corporation; 1993.

Rabbit-Proof Fence. (Movie) Directed by Phillip Noyce. Australia: Becker Entertainment; 2002.

Whale Rider. (Movie) Directed by Niki Caro. New Zealand: Pandora Film; 2002.

We Are Birds. (Short film) Directed by Albert Chacon. California: NativeImages Production Group; 2016.

Crow: The Legend. (Short film) Directed by Eric Darnell. Baobab Studios; 2018.

– Southeastern Tribes

Delivery From Earth. (Short film) Directed by Michael Becker. New Mexico: Filmtribe Moving Pictures; 2014.

– Dine

Biidaaban (The Dawn Comes). (Short film) Directed by Amanda Strong. Canada: Spotted Fawn Productions; 2018.

– Canadian

Black Lodge Singers. (Music) Canyon Records.

- *Powwow music for kids.*

Sharon Birch. (Music)

- English and Dine language and themes.
- Song: "Colors of My Heart"

Akwesasne Women Singers (Mohawk). (Music)

- <https://www.facebook.com/kontiwennenhawi/>

Molly of Denali. (TV) Created by Dorothea Gillim and Kathy Waugh. Canada: PBS; 2019.

– Alaskan Native

Yakari. (TV) Based on *Yakari* by Job Derib. France; 2005.

– Sioux

Sober House. (TV) Canada: YouTube, CBC Gem; 2019.

– Cree

The Casagrandes. (TV) Directed by Miguel Puga and Mike Nordstrom. Nickelodeon; 2019.

– Lakota character

Native Pride Dancers. (Dance) <https://nativepride-arts.org/>

Osage (Wahzhazhe) Ballet. (Dance) www.osage-ballet.com