

Moving Forward

In a recent child psychiatry faculty development discussion, I reflected with my colleagues on the new generation of emerging doctors. One colleague noted that these individuals were going to change medicine as we know it. The change, we all discussed, was in relation to the entire structure and practice of medicine, especially around social justice and health equity. Gone will be the days of steeped hierarchies and “pimping” rounds, of being bystanders to injustice, of disconnecting from systemic change. Remember that shocking and revealing book, *The House of God*, published in 1978? (Full disclosure, I couldn’t stomach more than a chapter when I tried to read it in medical school.) Dehumanizing practice, tradition, and structure must become a thing of the past.

The spirit of *JAACAP Connect* embodies learning, growing, mentoring, and inspiring. I love that. By the time an individual begins their training in child psychiatry, they are gritty, curious, and hopeful. Or perhaps they find these strengths again as they work with children and families. Regardless, the next generation of child psychiatrists is full of talented, bright people who will continue to move our field forward. The articles in this issue represent examples from our field of future leaders.

We start with a rich discussion by Drs. Baldwin and Rettew on the collaboration between child psychiatrists and faith leaders as part of the Lab to Smartphone column. While acknowledging challenges and barriers within these intersecting fields, the authors focus on the strengths which can lead to collaborative opportunities with the potential to improve mental health needs in the communities we all serve.

Two articles exemplify the power of narratives as a way to teach, learn, and grow into better, more culturally competent providers with a deeper understanding of the children and families we encounter. Drs. Chou, Ha, Kaur, Thai, and Li beautifully reflect on their experiences on becoming Asian American psychiatrists across the

developmental spectrum of psychiatry. Student Doctor Mr. Nguyen shares his and his family’s compelling escape from Vietnam as boat refugees and reflects on the impact of the experience as it has shaped him as a future child psychiatrist. We can all learn a great deal from these two remarkable pieces.

Representing the continued and future impact of the pandemic, Drs. Haddad and van Schalkwyk present the age-old challenge in child psychiatry of anxiety-related school refusal and examine this challenge through the lens of the pandemic. We then move onto a challenge that is also not new, but perhaps even more pressing in pandemic times. Drs. N.K. Malhi, Marwaha, and R.K.S. Malhi address the issue of psychiatric borders on pediatric medical floors with a call for much needed action and collaboration and provide a review of excellent strategies.

In the second article of the Spotlight on Juvenile Justice series, I collaborated with two of my talented colleagues, Drs. McClendon and Campbell, to highlight the importance of understanding neurodevelopment when understanding juvenile delinquency.

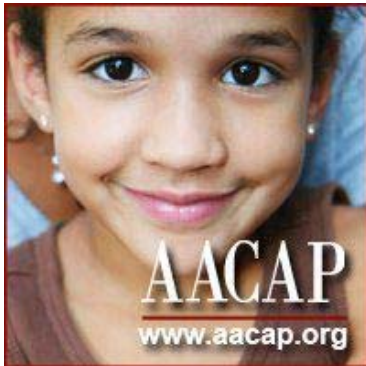
In a first for *JAACAP Connect*, Dr. Ayobello shares his stunning artwork accompanied by his reflections on peripartum depression and the parallels between art and life.

We then move forward to the modern phenomenon of binge-watching streaming television in Dr. Gansner’s binge-worthy tackle of the topic and how it may be clinically affecting our youth. The piece provides a valuable overview for providers and parents, as well as some of the challenges with intervention.

Finally, this issue’s *Connect Corner* features an article by Dr. Harness which focuses on the media portrayal of suicide over time through a fascinating comparison between *The Virgin Suicides* and *13 Reasons Why*.

I am so impressed by this collection of diverse articles by so many talented authors. In a world faced with constant challenge and adversity, we continue to find hope, creativity, curiosity, and inspiration. To the new generation of physicians, we welcome you.

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JAACAP Connect Editor



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