

Onwards

Moving on presents an opportunity for reflection. I became involved with *JAACAP Connect* in late 2019 and served as the *JAACAP Connect* Editor from 2021 to 2022. It is staggering to reflect on the extent of global and national change in such a brief time. The world struggling through a pandemic. The country confronting racism and violence. And so much more hard work lies ahead. In parallel, my journey with *Connect* includes a rich tapestry of emotions, from joy and excitement to angst and uncertainty and even loss and grief. When I started this journey, I was most looking forward to working with new authors, hoping to help mentor and inspire creativity and the furthering of scientific knowledge within the field of child and adolescent psychiatry. This part of my journey was extremely fulfilling, though I found that I was the one left inspired by the next generation of child psychiatrists. What surprised me during this journey was the family I gained along the way, for whom I will be forever grateful. I am so excited to see where our newest member of the *JAACAP* family, the amazing Dr. J. Corey Williams, takes us next. Onwards.

Anne B. McBride

This introduction represents a role transition where I will be humbly taking over as the editor of *JAACAP Connect*. I am grateful to receive the baton from Dr. McBride and past *JAACAP Connect* editors. I hope that I can do justice to the role in their footsteps. I am transitioning into the role with some uneasiness but comforted by the bonds of the *JAACAP* family. I want to express my gratitude to Doug, Mariel, Mary, and others at *JAACAP* for their continued support and encouragement; and a special thank you to the McDermott family for allowing us to honor the legacy of John F. “Jack” McDermott. His legacy has allowed me and many others to have opportunities for continued growth and development within *JAACAP*. Throughout the following series of issues released this year, I hope to play a role in bringing our *JAACAP Connect* readers

high-quality, thought-provoking content, covering a diverse range of topics which are relevant for practicing child and adolescent psychiatrists. I hope to share some personal reflections as an early career psychiatrist and share my enthusiasm for the art and science of scholarly writing.

J. Corey Williams

In the first article of this issue, Drs. Shenai, Salk, Lim, Chernoff, Gopalan, and Joseph address postpartum posttraumatic stress disorder secondary to childbirth and delivery. Their study provides guidance on appropriate times and populations to screen for childbirth-related trauma disorders.

We move onto education with a thoughtful piece by Dr. Shapiro and Student Doctors Kidambi and Terrana, who showcase unexpected lessons as medical students with a preclinical elective that provides early exposure to child and adolescent psychiatry. Next, Drs. VanBronkhorst and Duarte focus on social brain development in adolescence in the age of the COVID-19 pandemic. They discuss the pandemic’s impact on social development and provide interventions to foster resilience.

The next article by Drs. Jahan and Loehr provides a practical and succinct guide for a common issue among practicing child and adolescent psychiatrists, namely, how to manage growth deceleration associated with ADHD and stimulant-induced appetite suppression. Finally, Dr. Massey and Ms. Strong leave us with an inspiring reminder of the ways children and adolescents became the hidden superheroes during the COVID-19 pandemic. Thank you for joining us in this incredible journey.

J. Corey Williams, MD, MA
Editor

Anne B. McBride, MD
Former Editor